



FEEDBACK

 PARTICIPANT'S NAME

 CRITIQUER

| ITEM | YES | NO | COMMENTS |
|--|-----|----|----------|
| Connected with coachee | | | _____ |
| Clarified time and outcome expectations | | | _____ |
| Established a clear do-able Objective | | | _____ |
| Focused attention on coachee | | | _____ |
| Actively Listened | | | _____ |
| Understood the coachee objective | | | _____ |
| Was in flow | | | _____ |
| Did what was necessary to stay in flow | | | _____ |
| Acknowledged when out of flow | | | _____ |
| Was non-judgmental throughout | | | _____ |
| Used heart and power charkas | | | _____ |
| Closed 2 nd and 6 th charkas | | | _____ |
| Asked about related feelings | | | _____ |
| Restated information without parroting | | | _____ |
| Recapped at strategic moments | | | _____ |
| Acknowledged when confused or stuck | | | _____ |



| ITEM | YES | NO | COMMENTS |
|---|-----|----|----------|
| Used "clues" to create questions | | | _____ |
| Maintained objectivity | | | _____ |
| Used coachee's choice of words | | | _____ |
| Demonstrated sincere interest | | | _____ |
| Asked about vision or ideal outcome | | | _____ |
| Believed in coachee's ability | | | _____ |
| "Chauffeured" sessions effortlessly | | | _____ |
| Acknowledged mirrors when helpful | | | _____ |
| Supported rather than directed | | | _____ |
| Utilized empathetic unattachment | | | _____ |
| Brought the session to closure | | | _____ |
| The coachee made a choice | | | _____ |
| Coachee left with a plan | | | _____ |
| Coachee knew post session support options | | | _____ |
| It felt complete | | | _____ |

Coachee Rating:

BRILLIANT EXCELLENT VERY GOOD
 GOOD FAIR POOR

Feedback Person's Rating:

BRILLIANT EXCELLENT VERY GOOD
 GOOD FAIR POOR